



## **Russian badminton team members were examined in the SCOLIPE Sports Research Institute**

Employees of the SCOLIPE Sports Research Institute together with teachers of the Theory and methodology of individual and team sports Department in the frames of the state contract for the provision of scientific and methodological support of training athletes of national teams of Russia conducted ongoing examination of the Russian badminton team members.

During the examination have been used methods of analysis of heart rate variability, psychological diagnostics, have been determined pulsometry parameters of heart rate variability, has been assessed psycho-vegetative activity of athletes, have been studied the level of reactive (situational) anxiety and level of training loads endurance.