



Welcome to the II Scientific-Practical Conference "Science for Fitness - 2014"



On September 24 at the FSBEI HPO "RSUPESY&T" will be held the II scientific and practical conference "Science for Fitness - 2014".

Reputable doctors, athletes and academics will come together to share the latest developments and research in the fitness industry.

The conference will be attended by over 150 people from 10 cities of Russia. This year, the organizers are planning to enter international level.

It has been conceived a new event format, which allows to use a scientific basis for fitness techniques. Considering the experience of the first conference, it was decided to pay more attention to practical workshops and roundtables. Participants need to exchange views in a non-stop. "Science for fitness" will unite two significant areas: medicine and sport.

"Science for fitness -2014" is a significant event in the fitness industry in Russia. Speakers prepared topics such as legal support of fitness management, modern methods of rehabilitation programs for people with posture and spinal problems, interaction problems between fitness and medicine, traditional healing systems, and other equally important issues.

Conference organizer - Alexander Miroshnikov, well-known sports biologist, head of personnel training department of the fitness center "Kimberley Land".

For all questions you can contact directly by phone:

8 (985) 125-12-23 - Alexander Miroshnikov,

8 (499) 166 54 71 - Elena Syroezhina.

Date and time: September 24, 2014 10:00 am.

Address: FSBEI HPO "RSUPESY&T", 6th floor, room 603.



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